

Advanced Tinys Requirements

Black Stripe to Yellow Belt w/White

Form: Ki On: Five
Swipe Block, Low Fingertip Attack Form)

Kicks: Front Kick
Axe Kick
Roundhouse Kick
Side Kick

Form Basics: Middle Punch
Low Block
High Block
Side Middle Punch

White Stripe to Green Stripe

Form: Ki Bon One

Kicks: Switch Kick/Double Kick

Form Basic: High Fingertip Attack

Green Stripe to Blue Stripe

Form: Ki On Two (20 Moves)
(Low Block, Axe Kick)

Kicks: Reverse Crescent Kick

Form Basic: Low Fingertip Attack

Blue Stripe to Brown Stripe

Form: Ki On Three (20 Moves)
(High Block, Side Kick w/Cross Block
Form)

Kicks: Spinning Reverse Crescent Kick

Form Basic: Two Hands Outer Forearm
Block

Brown Stripe to Golden Belt

Form: Ki On: Five (20 Moves)
Swipe Block, Low Fingertip Attack Form)

Kicks: Switch Kick/Double Kick
Reverse Crescent Kick
Spinning Reverse Crescent Kick

Form Basics: High Fingertip Attack
Low Fingertip Attack
Two Hands Outer Forearm
Block
Two Hands High X Block

